



All Day Menu

At the Breakfast Table - All day

Eggs & Avocado - Ripened Avocado served with poached eggs, & House Hollandaise sauce served on toasted sourdough. **€9.50**
(3, 7, 1)

Eggs Benedict - Smoked Bacon served with sautéed baby spinach, poached eggs & house Hollandaise sauce served on toasted sourdough. **€9.50**
(1, 3, 7, 12)

Chorizo chilli eggs Benedict -
Served with guacamole, crispy chorizo, poached eggs & house Hollandaise sauce on toasted sourdough. **€10.50**
(1, 3, 7, 12)

The Classic Full Irish -
Sausages, fried eggs, black pudding, smoked bacon, fried mushrooms, baby potatoes and a side of toast. **€10.50**
(1, 3, 6, 7, 9, 10, 12,)

French toast -
Served with smoked crispy bacon and golden syrup. **€6.50**
(1, 3, 12)
All of our Brunch Items are served on crispy toasted Sour Dough, our meats and eggs are freshly delivered from Cork's English Market.

Something more –

Homemade Soup of the day. **€5.50**
(7)(GF)(v)

English market Seafood Chowder. **€7.50**
(4, 7, 9)(GF)

Our fish is from the Beara Peninsula, West Cork.

**Wild mushroom & smoked pancetta
Bruschetta**, with a rocket leaf garnish **€9.50**
(1, 7, 12)

And more again –

The evening prepper – 8oz Sirloin steak from Twomey's butchers in Macroom, served with home cut chips, Jameson peppers sauce and fresh rocket. **€20.50**
(6, 7)(GF OPTION)

Roast butternut squash & sweet potato curry –
This spiced curry comes with your choice of Beef, Chicken, Fish or Vegetable all served with fragrant coconut rice (Vegan option available).
€13.50 or €15.50 with meat option.
(9, 7)(V)(VG)(L)(GF) OPTIONS

Sunbeam battered fish –
Battered & golden fried white fish of the day served with homemade tartar sauce, old school mushy peas & home cut chunky chips. **€12.50**
(1, 3, 4, 6, 7)

Our fish is purchased through K O'Connell's in Cork's English Market, fresh from the Beara peninsula.

Traditional Irish stew –
Twomey's lamb, fresh root vegetables, fragrant mint & Midaza Stout from The Rising Sons Brewery. **€13.50**
(9)(GF)(L) OPTIONS

The Big Cheese Burger -
7oz Irish Steak Mince burger served with Cashel blue, cheddar cheese, sautéed onions & home cut chips. **€11.50**
(1, 7, 3)(GF) OPTIONS

The Chicken Burger -
Char grilled chicken marinated in smoked tomato pesto, rocket, vine tomatoes, pickled cucumber, mozzarella cheese & grilled sweet peppers & home cut chips. **€12.50** (GF OPTION) (1, 7, 3)

Feel free to request a drink that will suitably pair with your choice of dish. Our beers are brewed by award winning Rising Sons Brewery, just twenty metres away. Brewery tours available. For traditional Irish music, all types of live music and DJs 7 NIGHTS a week check out the Cork Heritage pub website. Did you know we are Ireland's largest whiskey bar? Please ask your server for our extensive whiskey menu.



On the Leaves -

Classic Caesar salad - with grilled chicken fillet, crispy bacon, crunchy croutons, and baby gem lettuce & house Caesar dressing. **€10.50** (GF OPTION)
(1, 3, 12)

Rocket & Serrano Salad -

Fresh rocket with parmesan shavings, crispy Serrano ham, toasted flaked almonds & a Balsamic dressing. **€9.50**
(7, 8, 12)(GF OPTION)

On the doorstep – (Sandwiches)

Toasted special – Sliced ham, Irish cheddar cheese, fresh red onion & tomato. **€6.50**
(1, 3, 7, 12)

Freshly steamed chicken bound with mixed herbs & mayo with a layer of homemade stuffing. **€6.50**
(1, 3, 7)

English Market Spiced beef with caramelized onions, fresh beef tomato, pickled cucumber, lettuce and a mustard seeded Aioli. **€7.50**
(1, 3, 7, 11)

Roast Mediterranean vegetables, served with creamy goat's cheese, sundried tomato and fresh rocket. **€6.50**
(1, 3, 7, 8)

All of our meat s are fresh from Cork's English Market, our bread from Healy's bakery.

For the little ones –

Golden fried chicken Goujons with a choice of chips or mash.

(1, 7)

Fresh fish pieces in a golden bread crumb served with chips or mash.

(1, 7)

Sausage and chips or mash.

(1, 7)

€5.50 each

Something sweet –

Really sticky toffee pudding served with vanilla ice cream and a rich butterscotch sauce.

(1, 3, 7)

Vanilla Crème Brûlée with homemade almond biscotti.

(1, 3, 7)

Homemade Mixed berry crumble with ice cream.

(1, 3, 7)

Chocolate Brownie served with berry compote and freshly whipped cream.

(3, 7)(GF)

€6.50 each

Irish cheese board – served with a selection of Irish cheeses, homemade sweet tomato chutney and crostini.

(Contains 1, 3, 7, 9, 10, 12)(GF OPTION)

€11.00

Feel free to request a drink that will suitably pair with your choice of dish. Our beers are brewed by award winning Rising Sons Brewery, just twenty metres away. Brewery tours available. For traditional Irish music, all types of live music and DJs 7 NIGHTS a week check out the Cork Heritage pub website. Did you know we are Ireland's largest whiskey bar? Please ask your server for our extensive whiskey menu.